



INVITATION

**To the President / General Secretary
of the EWF Affiliated Weightlifting Federations**

Dear Sir/Madam,

On behalf of the Armenian Weightlifting Federation, we are pleased to invite you to the 2023 European Senior Championships that will take place April 15 – 23, 2023 in Yerevan, Armenia.

Best regards,

Pashik Alaverdyan

General Secretary



REGULATIONS 101st EUROPEAN WEIGHTLIFTING CHAMPIONSHIPS

Yerevan, Armenia

April 15 – 23, 2023



<i>EWF invites the Congress Member Federations, Executive Board and Committees, Competition</i>	<i>13 January 2023</i>
<i>Whereabouts information of Athletes wishing to compete at European championships must be properly submitted three months before the European championships and throughout the whole competition</i>	<i>15 January 2023</i>
Technical Official's nomination deadline	<i>13-15 February 2023</i>
Preliminary Entries Max 10 Main Athletes for female Max 10 Reserve Athletes for female Max 10 Main Athletes for male Max 10 Reserve Athletes for male	<i>13-15 February 2023</i>
<i>Member Federations and Officers shall send the EWF proposal for inclusion on the Agenda. No item submitted after that time will be included in the agenda</i>	<i>14 March 2022</i>
Information about selected Technical Officials	<i>01 March 2023</i>
Final Entries Max 10 Main Athletes for female Max 2 Reserve Athletes for female Max 10 Main Athletes for male Max 2 Reserve Athletes for male	<i>13-15 March 2023</i>
<i>EWF sends to the Member Federations and</i>	<i>13 March 2023</i>



<i>the Officers the Agenda, and other relevant documents</i>	
Team receives Invoices	<i>20-25 March 2023</i>
Team Payment by bank transfer	<i>27-31 March 2023</i>
Arrival day for EWF EB members	<i>11 April 2023</i>
<i>EWF Committees' Meetings</i>	<i>12 April 2023 (09:00-12:00 Local time)</i>
<i>EWF Executive Board Meeting</i>	<i>12 April 2023 (14:00-17:00 Local time)</i>
<i>Online Final Verification</i> Max 10 Main Athletes for female Max 10 Main Athletes for male Max two athletes for each category	<i>from 09 April 2023 (08.00 a.m. CET)</i> <i>to 11 April 2023 (08.00 a.m. CET)</i>
Online Team Manager's Meeting Option - important Information about the competition will be sent by email	<i>13 April 2023 (19.00 Local time) Zoom</i> Option – an email with important information about the competition will be received by MFs by 18.00h Local time
EWF Congress Registration	<i>13 April 2023 (08:30-09:00 Local time)</i>
<i>EWF Congress -</i>	<i>13 April 2023 (09:00-13:00 Local time)</i>
Selected Technical Officials' arrival day	<i>13 April 2023</i>
Publishing Start book	<i>14 April 2023 (08:00 Local time)</i>
Anti-doping & Fair Play Seminar Opening Ceremony	<i>14 April 2023</i> <i>09:00-10:30 Local time</i> <i>14:00-16:00 Local time</i>



Award Ceremony 2022 The Best European Weightlifter ITOs meeting in Competition Hall Test event: <ul style="list-style-type: none"> - Television Rehearsal & Full Competition Systems Test - Simulated competition with 5 local lifters and Technical Officials - Athletes Presentation, Medal Ceremony & Flag Raising 	16:00-16:30 Local time 17:00-18:00 Local time 18:00-20:00 Local time
Competition	15 - 23 April 2023
Halfway meeting for Technical Officials	19 April 2023
Last day of the competition:	23 April 2023
Departure day	24 April 2023

During the Online Final Verification, Team Managers from each participating National Federations could access the specified period to the Entry system, to confirm the names, categories, and entry totals of their athletes including the correct spelling of their athletes' names as they appear in their respective passports.

During Online Team Manager's Meeting, there will be a briefing on all the arrangements relating to accommodation, meals, local transportation, training, and competition. This will also be the main opportunity for Team Managers to ask any questions. Option – information will be sent by email.



1. ACCOMMODATION AND FEES

Teams Hotel:	<i>Radisson Blu, Hilton, Ramada</i>
ITO, EB Members, Meetings, and Congress Hotel:	<i>Marriott</i>

<i>Radisson Blu</i>	<i>Hilton</i>	<i>Ramada</i>	<i>Marriott</i>
2, 2 Azatutyan Ave, Yerevan 0037	4/2 Grigor Lusavorich Street, Yerevan 0015	13 Pavstos Buzand, Yerevan, 0010	1 Amiryan St, Yerevan 0010
https://www.radissonhotels.com/en-us/hotels/radisson-blu-yerevan	https://www.hilton.com/en/hotels/evnyedi-doubletree-yerevan-city-centre/	https://ramadayerevan.am	https://www.marriott.com/en-us/hotels/evnmc-armenia-marriott-hotel-yerevan/overview/

Accommodation prices:	
Single room:	Information will be made available soon
Double room:	Information will be made available soon
Triple room:	Information will be made available soon

Check-in: 13.00, Check-out: 12.00

The minimum stays in a hotel for the participants - Information will be made available soon.

The ACCREDITATION CENTRE is located at one of the official hotels.



Entry Fee: 150 € per person.

IWF Special Anti-Doping Fee: 50 USD, paid by athletes only.

Transportation fee: 20 € per person, Zvartnots International Airport - Hotel - Zvartnots International Airport.

The documentation and all relevant fees regarding Covid-19 countermeasures will be available soon.

“ELITAR” LLC, email: elitarbooking@tourism.am; phone: +37415250250 will be responsible for all accommodation inquiries and all payments. Payment must be made by bank transfer and any bank charges for transfers or other transactions are the responsibility of the Member Federation.

Details of the Armenian Weightlifting Federation’s travel and accommodation partner “ELITAR” LLC bank account: Address: 19 Pushkin str., Yerevan, Armenia, 0010 The Bank: ARARATBANK SWIFT: ARMCAM22 Account Holder: “ELITAR” LLC Account Holder Address: 5/1 Zakian str., Yerevan, Armenia 0010. VAT/Tax no. 02537891	
Account Number: 1510003679700149 Currency: EUR	Account Number: 1510003679700101 Currency: USD

Payments made in Euro (€) currency: Accommodation, Entry Fee, Transportation Fee

Payments made in US DOLLAR (USD, US\$) currency: IWF Special Anti-Doping Fee

Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee 10 days before the first competition day, the delegation must pay to the Local Organizing Committee, previously to the accreditation, the charge of "No-Show" per person. The charge is equal to the Accommodation Fee per person / per day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.



After the submission of the Accommodation & Transportation Form on **15/03/2023** should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after **01/04/2023** and no refunds will be given.

MEDIA:

All media participants must be approved in advance. No Accreditation fee is required.

Media Accreditation requests shall be submitted via e-mail to the Armenia Weightlifting Federation **championships.2023@awf.am** and EWF **media@ewf.sport**

The EWF and Armenia Weightlifting Federation pay special attention to Media representatives interested in the most important EWF continental competition and weightlifting, in general. In this sense, the Organizing Committee is considering extending the possibility of overnight accommodation in other hotels with more advantageous financial conditions for accredited Media Representatives.

2. COMPETITION AND TRAINING VENUE

Competition hall name: Karen Demirchyan Sports and Concerts Complex

Tsitsernakaberdi zbosaygi 1, Kentron, Yerevan, 0028, AM

Training hall name: "KILIKIA" GYM HALL

Armenia, 0082, Yerevan Kilikia District, Ayasi St., 1 Building/ 40.177821, 44.492065

Shuttles will be available for transportation between hotels and the competition/training hall.

3. ELIGIBILITY

Participating athletes must be 15 years of age and over (year of birth 2008 or earlier).

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules 2021 whereabouts information of the Athletes shall be submitted at a minimum of three months prior to the Event (by 15 January 2023).

If you have any problems submitting your Whereabouts, please contact IMMEDIATELY [**iwf@ita.sport**](mailto:iwf@ita.sport)



All Athletes participating shall successfully complete the WADA ADeL online course for Athletes before competing.

The following link will take you to the course: <https://adel.wada-ama.org/>

Athletes and support personnel (coaches, team physicians) must register on the site, watch the videos, and pass the quiz at the end to earn the certificate, much as they did with the IWF iLiftClean platform.

Please contact WADA at adel@wadaama.org if athletes and athlete support personnel (coaches, team doctors, etc.) have any issues with the registration procedure.

4. COMPETITION RULES

The Championships will be held according to the current IWF Technical and Competition Rules & Regulations (IWF TCRR).

ELEIKO will be used in competitions as well as in training.

5. DOPING CONTROL

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

6. INSURANCE

Participating Federations must accept full moral and financial responsibility for their respective delegations.

7. EVENT CATEGORIES AND AWARDS

Women: 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg, +87 kg

Men: 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg, +109 kg

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category. Trophies will be awarded to the best male and female athletes, as well as to the top six men's and women's teams, according to the IWF Team Classification.

Diplomas will be awarded to all participants.



8. VISAS

Most European country's citizens require no visa to enter Armenia, however, please use this link to verify the visa requirements <https://www.mfa.am/en/visa/>.

Here is the list of countries whose citizens with all types of passports are unilaterally exempt from the requirement to obtain a visa to enter the Republic of Armenia <https://www.mfa.am/en/visafreelist>. They can stay in the territory of the Republic of Armenia for up to 180 days per year.

In case the participant requires a visa to enter Armenia, the Visa Application Form should be filled and sent to these emails together with passport copies before **March 1st, 2023**: championships.2023@awf.am, elitarbooking@tourism.am

9. FLAGS AND ANTHEMS

Each national federation is kindly asked to bring two (two) national flags (100 x 150 cm) and an mp3 version of their national anthem.

The Organizing Committee will collect them from each delegation upon their arrival.

10. TERMS AND CONDITIONS OF PARTICIPATING

Accredited Participants – athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with EWF / IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), and EWF / IWF COVID-19 Protocols;
- Abide by all reasonable directions given by the EWF, the Local Organizing Committee (LOC), TOs;
- Should accept any prize or award given by EWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of EWF / LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event – the EWF and/or LOC shall have no responsibility for any loss or damage of this property;



- Should irrevocably release EWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food, and transportation payment prior to use of any LOC or EWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.
- All participating federations and their members agree that any material recorded during the competition in which they are located may be used for EWF promotional purposes without compensation.

11. FURTHER INFORMATION

Armenia Weightlifting Federation	European Weightlifting Federation
Contact Person	EWF General Secretary
Araik Alaverdyan	Dr. Milan MIHAJLOVIC
Tel.: + (WhatsApp)374 94878707	Tel: +381 63 287 263 (WhatsApp)
e-mail: championships.2023@awf.am	e-mail: secretariat@ewf.sport



PRELIMINARY TIMETABLE

Date	Time (Local time)	Activity	
COMPETITION			
1 st Competition Day			
15.04.2023.		Ventilation & Anti-Virus Cleaning	
	14:00	Women	SE 55C 45B 49B
		Ventilation & Anti-Virus Cleaning	
	17:00	Women	SE 45A
		Ventilation & Anti-Virus Cleaning	
	20:00	Women	SE 49A
		Ventilation & Anti-Virus Cleaning	
2 nd Competition Day			
16.04.2023.		Ventilation & Anti-Virus Cleaning	
	09:00	Women	SE 55B
		Ventilation & Anti-Virus Cleaning	
	12:00	Men	SE 55B 61B
		Ventilation & Anti-Virus Cleaning	
	14:00	Men	SE 55A
		Ventilation & Anti-Virus Cleaning	
	17:00	Women	SE 55A
		Ventilation & Anti-Virus Cleaning	
	20:00	Men	SE 61A
		Ventilation & Anti-Virus Cleaning	
3 rd Competition Day			
17.04.2023.		Ventilation & Anti-Virus Cleaning	
	11:00	Women	SE 59B
		Ventilation & Anti-Virus Cleaning	
	14:00	Men	SE 67B
		Ventilation & Anti-Virus Cleaning	
	17:00	Women	SE 59A
		Ventilation & Anti-Virus Cleaning	
	20:00	Men	SE 67A



		Ventilation & Anti-Virus Cleaning	
4 th Competition Day			
		Ventilation & Anti-Virus Cleaning	
18.04.2023.	11:00	Women	SE 64B
		Ventilation & Anti-Virus Cleaning	
	14:00	Men	SE 73B
		Ventilation & Anti-Virus Cleaning	
	17:00	Women	SE 64A
		Ventilation & Anti-Virus Cleaning	
	20:00	Men	SE 73A
		Ventilation & Anti-Virus Cleaning	
5 th Competition Day			
		Ventilation & Anti-Virus Cleaning	
19.04.2023.	09:00	Women	SE 71C
		Ventilation & Anti-Virus Cleaning	
	11:00	Women	SE 71B
		Ventilation & Anti-Virus Cleaning	
	14:00	Men	SE 81B
		Ventilation & Anti-Virus Cleaning	
	17:00	Women	SE 71A
		Ventilation & Anti-Virus Cleaning	
	20:00	Men	SE 81A
		Ventilation & Anti-Virus Cleaning	
6 th Competition Day			
		Ventilation & Anti-Virus Cleaning	
20.04.2023.	11:00	Women	SE 76B
		Ventilation & Anti-Virus Cleaning	
	14:00	Men	SE 89B
		Ventilation & Anti-Virus Cleaning	
	17:00	Men	SE 89A
		Ventilation & Anti-Virus Cleaning	
	20:00	Women	SE 76A
		Ventilation & Anti-Virus Cleaning	
7 th Competition Day			



		Ventilation & Anti-Virus Cleaning	
21.04.2023.	09:00	Women	SE 81B
		Ventilation & Anti-Virus Cleaning	
	11:00	Men	SE 96B
		Ventilation & Anti-Virus Cleaning	
	14:00	Men	SE 102B
		Ventilation & Anti-Virus Cleaning	
	17:00	Women	SE 81A
		Ventilation & Anti-Virus Cleaning	
	20:00	Men	SE 96A
		Ventilation & Anti-Virus Cleaning	
8 th Competition Day			
		Ventilation & Anti-Virus Cleaning	
22.04.2023.	09:00	Men	SE 109B
		Ventilation & Anti-Virus Cleaning	
	11:00	Women	SE 87B +87B
		Ventilation & Anti-Virus Cleaning	
	14:00	Men	SE 102A
		Ventilation & Anti-Virus Cleaning	
	17:00	Men	SE 109A
		Ventilation & Anti-Virus Cleaning	
	20:00	Women	SE 87A
		Ventilation & Anti-Virus Cleaning	
9 th Competition Day			
		Ventilation & Anti-Virus Cleaning	
23.04.2023.	10:00	Men	SE +109B
		Ventilation & Anti-Virus Cleaning	
	13:00	Women	SE +87A
		Ventilation & Anti-Virus Cleaning	
	16:00	Men	SE +109A

Please note: The competition schedule is subject to change after the verification of final entries